

Issue #1

Spring
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The Message

ACA UK Public Information Newsletter



Carrying the Message... One book at a time.

In recent weeks the ACA UK Public Information Committee (PI) have been in discussion with our World Service Organisation (WSO) regarding the 'Information for Health Professionals' Leaflet and the closing statement on the last page:

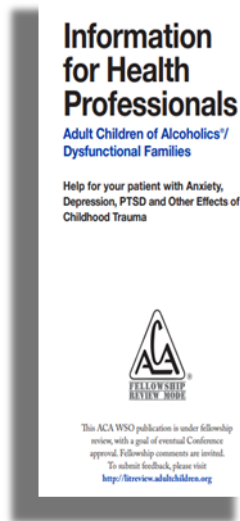
'Health Professionals may receive a free copy of the Big Red Book of ACA at:

hichair@adultchildren.org

WSO have to date, been unable to fulfil this commitment within the UK without the necessary logistical and administrative support. Whilst ACA UK have also been keen to supply our fellowship text to Therapists, Health Professionals and Voluntary Organisations, there have been concerns regarding the financial burden of such an undertaking. Following recent correspondence WSO have agreed to fulfil all requests for the 'Big Red Book' within the UK. The PI Committee plan to begin a trial 'roll out' of this initiative over the coming months.

Great news for PI in the UK !

https://adultchildren.org/wp-content/uploads/2022/05/WSO_HandI_trifold_s_2color_A4.pdf



Roll Up, Roll Up...

The Public Information Committee have purchased a roll up banner of 'The Laundry List' that will be available for any Public Information events and 12 Step Conventions.

We are currently considering additional designs for PI resources and hope to make these available to regional groups in the future.

If you would like to get involved or share any ideas please get in touch.

Email: publicinfo@adultchildrenofalcoholics.co.uk



"While there is probably no greater way of carrying the message than to personify our program in our personal actions, reaching out to other Adult Children through public information is a very important aspect of ACA service that we can provide so that others may recover from the effects of growing up in an alcoholic or otherwise dysfunctional family."

Public Information Leaflet:

https://adultchildren.org/wp-content/uploads/2022/03/Public_Information_EN_US_A4.pdf



Tradition 5

'Each group has but one primary purpose - to carry its message to the adult child who still suffers.'



Public Liability Insurance

ACA UK Intergroup have voted in favour of renewing our annual Public Liability Insurance for groups. This means that venues, meetings and groups are covered by the UK Fellowship insurance.

If you require any assistance in relation to your groups Public Liability Insurance or need to register an incident, please email accidents@acoa.co.uk

A copy of the Public Liability Insurer's certificate and further information can be found on the 'Contacts' page of the website:

<https://www.adultchildrenofalcoholics.co.uk/contact/>



Recovery Fairs, Visible Recovery & the APPG



What is the 'All-Party Parliamentary Group' (APPG) for 12 Step Recovery?

'An All-Party Parliamentary Group consists of Members of both Houses who join together to pursue a particular topic or interest.

The APPG on 12 Step Recovery is a neutral, cross-party forum for debate, discussion and learning on 12 step recovery within Parliament. The group was founded by MPs and Peers who want to influence relevant policy to expand understanding of and access to the 12 step programme for recovery from addiction, whilst also exploring key questions for the future of 12 step recovery in the UK.'

<https://www.12stepsappg.com/>

What is 'Visible Recovery'?

For over 75 years in the UK, and over 80 years globally, 12 step fellowships and 12 step recovery programmes have been and continue to be a pathway to healing for individuals, families and society as a whole, from addiction and mental ill health.

Visible Recovery has been set up to advance the education of legislators, health professionals, police, criminal justice professionals, academics, teachers, spiritual leaders, cultural organisations and others in the UK and worldwide who come into contact with suffering addicts.

We aim to help them better understand the benefits offered to the public from the many 12 Step programmes available in the UK and worldwide.

One of the ways we do this is by holding Recovery Fairs.

<https://www.visiblerecovery.uk/>

What next....?

ACA UK Public Information Committee would like to hear from anyone who may be able to help us support the work of Visible Recovery and the 12 Step APPG. If you would like to see a Recovery Fair in your area please email your local MP and ask them to support this initiative - <https://members.parliament.uk/FindYourMP>

Recovery Fairs can provide opportunities to share information with organisations and individuals who may come into contact with the 'still suffering Adult Child'. These organisations may then feel more able to signpost them to Adult Children of Alcoholics & Dysfunctional Families.

The next Recovery Fair is in Bootle on Friday 28th April from 11.30am until 2.30pm -

<https://www.eventbrite.co.uk/e/bootle-12-step-recovery-fair-hosted-by-peter-dowd-mp-tickets-551018058847>



Calling all regions...



ACA UK are keen to develop a network of Regional Representatives who can help carry the ACA message to all parts of the country and to help ensure that when any 'Adult Child' reaches out for help, ACA are there.

If you feel this is something you could contribute to, please email:

publicinfo@adultchildrenofalcoholics.co.uk